



MALMESBURY YOUTH FOOTBALL CLUB



Malmesbury Youth Football Club (MYFC) **COVID-19 risk information for players, parents, coaches and committee members**

The following information provides players, parents, coaches and committee members with guidance for football activity as from 29th June. The aim of this guidance is to;

- a) Enable players to return to training*
- b) Ensure training is provided in a safe manner within current COVID-19 restrictions*
- c) Prevent the spread of possible COVID-19 infection for players, coaches, parents, carers and their families.*

Alongside the possibility of passing on the virus, the introduction of 'test and trace' means that it is essential these guidelines are adhered to. The information provided is in line with the latest FA guidance on permitted grassroots football activity during COVID-19 (thefa.com). This information will be updated as and when national restrictions change. It is important to note that this guidance and the associated risk assessments do not replace MYFC safeguarding policies and should be read in conjunction with these.

Consistent with Government advice the following outdoor football activity is currently permitted:

- playing football individually. For example, practice of individual skills or fitness activities;
- playing football with your family or other people living in your household;
- football training or fitness activities in groups of no more than six, keeping two metres apart at all times.

As from 29th June 2020 MYFC coaches will be permitted to organise and facilitate small group training sessions of up to 6 people, including the coach. The following details must be adhered to;

Equipment:

Sharing of equipment, such as water bottles, should be kept to a minimum and strong hand hygiene practices should be in place before and after.

Coaches will take responsibility for the setting up and putting away of all equipment.

Contact during training sessions:

Physical contact with anyone outside of your household is **not** permitted and therefore playing of any games (small-sided or full) is also **not** permitted at this time.

Training sessions must be held within an area in which social distancing is available, this will take place at the home ground (Red Bull pitches).

Welfare:

Coaches can now undertake small group sessions up to six people (including the coach), but are reminded to follow the MYFC and FA safeguarding policy when working with children.

If an individual (coach or player) is symptomatic, living in a household with a possible COVID-19 infection or if classified as extremely vulnerable on health grounds, the guidance is that you should remain at home, ([gov.uk](https://www.gov.uk))

All coaches must ensure they and the players are in sight of at least one other adult during training. This can include parents or carers.

We ask parents and carers to use the overflow car park and preferably to stay in cars, whilst being in sight of training. There may be the need for some CRC checked parents to help out on the side-lines. If parents and carers are at the side-lines, please ensure that social distancing measures are adhered to.

If the player requires attention, needs to use the bathroom etc, their parent or carer can therefore assist, enabling the coach to remain socially distant and able to continue safely with the training session.

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved in the session, as long as the groups of six are kept separate, everyone is socially distancing and strict hygiene measures are in place with any equipment.

Coaches working with people with impairments or additional needs must ensure they can adequately cater for these, whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

Other arrangements:

The first coach to arrive will unlock the car park chain and last coach to leave must lock it up again. This will ensure the safety and security of pitches outside of training times.

Please use the large pitches only, not the ones by the changing rooms. This includes pitch 1,2,3, and 4. These pitches are only to be used from penalty box to penalty box to protect the goal mouth work that has been carried out.

There will be one toilet open for general use, as well as the accessible toilet. Coaches must ensure these are locked at the end of training sessions. MYFC will ensure that soap is provided to enable hand washing.

The changing rooms and kitchen are not to be used.

Key elements of this guidance:

1. You must **not** train if you are symptomatic or living in a household with a possible COVID-19 infection or if classified as extremely vulnerable on health grounds.
2. Players **and** coaches must wash or sanitise hands before and after each training session
3. **Social distancing** measures to be adhered to during training
4. Training sessions can be held in groups no more than **6**, including the coach
5. There must be a **parent or carer** available at all times.